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Hayom Yom: 20 Shvat

אַאַמוּ"ר כּוֹתֵב בְּאֶחָד מִמִּכְתָּבָיו: עַל פִּי הֲגָהוֹת אָשְׁרִ"י נְטִילַת יָדַיִם לִסְעוּדָּה ג' פְּעָמִים רְצוּפּוֹת, כֵּן הָיָה עוֹשֶׂה אַאַמוּ"ר — (מַהַרַ"ש, נִשְׁמָתוֹ עֵדֶן) — וּמַנִּיחַ מִשְׁפִיכָה הַג' מְעַט מַיִם בְּכַף יָד הַשְּׂמָאלִית וּבָזֶה מְשַׁפְּשֵׁף שְׁתֵּי יָדָיו.

My revered father, the Rebbe [Rashab], writes in a letter: "According to Hagahos Oshri,1 when washing our hands for a meal we should pour [water from a vessel] three times consecutively [over each hand]. My revered father, the Rebbe [Maharash], would conduct himself in this manner. He would leave a little water from the third pouring in the palm of his left hand and would rub this over both hands."